

**PSB**

# Sandwich, MA

**Jan. 1 - Dec. 31, 2024      April 1 - Nov. 11, 2024**

*10 and 6km Walks*

*25, 15, or 7km Bike*

*Walk and Bike in Olde Cape Cod*

**START/FINISH:**

Stop & Shop  
Stop & Shop Plaza, 65D Route 6A  
Sandwich, MA 02563  
Tel: 508-833-3288

**TIMES:** Daily after 8 a.m.  
Finish before sunset.  
*Closed Thanksgiving & Christmas.*



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*Event Box at Customer Service Desk.*

**WALK TRAIL DESCRIPTIONS:** Sandwich, the oldest town on Cape Cod, became the site of one of America’s largest glass factories, which flourished during the 19<sup>th</sup> century. Sandwich is an official state cultural district. The route encompasses the Glass Museum showcasing early glass production, quaint shops, and unique bed and breakfast accommodations. Other sights include the Dexter Grist Mill, Hoxie House (ca. 1675) recognized as one of the oldest houses on Cape Cod, the birthplace of Thornton W. Burgess, historical landmarks, and Sandwich village shops. A newly reconstructed boardwalk crossing a salt marsh provides a breathtaking view of Cape Cod Bay.

An optional 1km extension, to increase the 10km to an 11km distance, goes into the Sandwich Fish Hatchery, managed by MassWildlife, which raises a variety of trout to stock rivers, streams, lakes, and ponds.

**Note:** The 6km route requires a short drive (½ mile) to the trail start.

**WALK RATING:** Both walk routes are flat and mostly on paved surfaces with an AVA trail rating of 1B, suitable for strollers **but not wheelchairs**.

**BIKE TRAIL DESCRIPTION:** The entire bike route is on the paved Cape Cod Canal Recreation Trail; sights include the Aptucxet Trading Post, a vertical plate railroad lift bridge, and the Bourne and Sagamore Bridges.

**Note:** The bike start requires a ½ mile drive to the start of the route at the Sandwich Recreation area. Helmets are mandatory.

**BIKE RATING:** The AVA trail rating is 1A.

**AWARD:** These are IVV Credit Only events; no award.

**AVA SPECIAL PROGRAMS (Walks):** Par for the Course, Step to the Beat, Town Halls/City Halls, and Walking with America’s Veterans

**Note:** Only the 10km walk route qualifies for the Par for the Course special program.

**DIRECTIONS:**

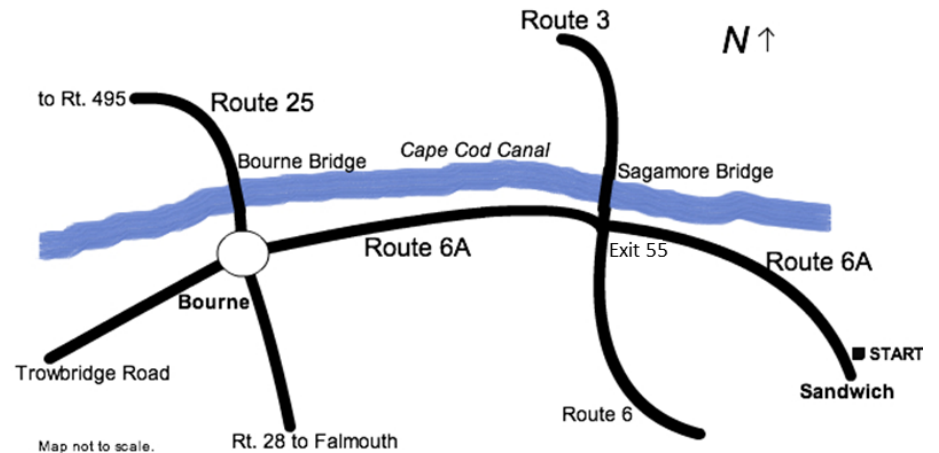
**From I-495 South:**

I-495 South (which becomes Route 25), go to the end and cross over the Bourne Bridge. Go around the rotary ¾ of the way to Route 6A exit. Take 6A for approximately 5 miles. The Stop & Shop Plaza is on the left.

**From Rt. 3 South:**

Follow Rt. 3 South across the Sagamore Bridge. Take Exit 55 onto Route 6A toward Sandwich for 3 miles. The Stop & Shop Plaza is on the left.

**PARKING:** Please park away from grocery store giving customers access to closest spaces.



**POC:** Pat Damiani  
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